

Headache & Migrain Management Program

3 Days 2 Night

1 guest / THB 9,500
(Regular price THB 12,050)

2 guests / THB 15,500
(Regular price THB 18,900)

Treatments & Activities		Duration
1. Wellnes Standard Room or Wellness Farm Stay	3 Days 2 Nights	
2. Plant-Based Meals	6 meals	
3. Herbal Afternoon Tea	2 pots	
4. Alternative Medicine Consultation	2 times	30 minutes
5. Shirodara	1 time	60 minutes
6. Herbal Steam	1 time	30 minutes
7. Mind-Body Balance	1 time	60 minutes
8. Herbal Eye Mask	1 time	30 minutes
9. Pindasweda <i>vla</i> Elakizhi	1 time	30 minutes
10. Herbal Foot and Hand Soak	1 time	30 minutes
11. Thai traditional and Hot herbal compress	1 time	60 minutes



Stay Healthy as Long as You Live



By **MEGA** We care

Prevent & Reverse

Headache A Multimodel Program For Relief

RJ Alexander



Headache A Multimodel Program For Relief:

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grant came in a young boy and a woman the this is tommy burns said grant putting his hand on the young boy s back and his

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