

Psychiatry Notes

Mental state examination

Psychiatric examination tool

Standardised structure -> describe

Snapshot of PX at that specific time

Limitations: Subjective -> depends on assessor
Time-specific
Requires cooperation to assess fully

Components:

1. Appearance + behaviour

General appearance: Distinguishing features, weight, stigmata of disease, personal hygiene, clothing, objects

Behaviour: Engagement + rapport, eye contact, facial expression, body language, psychomotor

activity (retardation, agitation/restlessness), abnormal movements/postures

2. Speech

Rate: Pressure of speech: tendency to speak quickly, motivated by urgency that may not be apparent to listener

Slow speech: may be due to psychomotor retardation, typically associated with major depression

Quantity: Minimal or absent speech -> depression

Excessive speech -> mania + schizophrenia

Tone: Monotonous -> depression, schizophrenia, autism

Tremulous -> anxiety

Volume

Fluency + rhythm: Stammering or stuttering, slurred speech

3. Mood + Affect

Mood is the season, **affect** is the day-to-day weather.

Mood is what the patient tells you.

Affect is what you observe

Range + mobility of affect: **Fixed affect:** remains the same throughout interview, regardless of topic

Restricted affect: changes slightly throughout interview, but doesn't demonstrate normal range

Labile affect: characterised by exaggerated changes in emotions which may or may not

intensity of affect: **Heightened:** relate to external triggers

Blunted/flat: associated with schizophrenia, depression + PTSD

Congruency of affect: If patient's affect is in keeping with the content of their thoughts

Congruent: sharing distressing thoughts + demonstrating distress

Incongruent: sharing distressing thoughts + laughing

4. Thought: Form, Content, Flow

Form: Speed

Loose associations:

moving rapidly from one topic to another with no apparent connection between the topics.

Circumstantial thoughts:

these are thoughts which include lots of irrelevant and unnecessary details.

Tangential thoughts:

digressions from the main conversation subject, introducing thoughts that seem unrelated, oblique, and irrelevant.

Flight of ideas:

there is an accelerated tempo of speech often referred to as 'pressure of speech'. In addition to the increased rate

of delivery, the language employed is characterised by a wealth of associations, many of which seem to be evoked

by more or less accidental connections.

Thought blocking:

sudden cessation of thought, typically mid-sentence, with patient being unable to recover what was previously said.

Examination Notes In Psychiatry

Anthony S. Fauci



Examination Notes In Psychiatry:

Examination Notes In Psychiatry Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Examination Notes In Psychiatry**," compiled by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve to the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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