

## Module 1 Introduction to OSHA: Study Guide

### Module Learning Objectives

1. Recognize types of workplace hazards.
2. List your rights and responsibilities.
3. Identify your employer's responsibilities.
4. File a health and safety complaint.
5. Outline the steps OSHA takes to address complaints.

### Module Summary

#### Learning Objective 1. Recognize types of workplace hazards.

Congress created OSHA in 1970 with the Occupational Safety and Health Act ("OSH Act") to make workplaces safer. A key component is identifying and addressing workplace hazards as early as possible to help prevent injuries and illnesses.

Common types of hazards include:

- Unstable walls
- Safety hazards: Unsafe conditions that can cause burns, cuts, amputations, broken bones, electric shock, or death.
- Chemical hazards: Harmful chemicals, including gases, liquids, or dust, that can get into the body through the nose, mouth, or skin.
- Biological hazards: Living things, including plants, animals, or germs, that can cause diseases, allergic reactions, bites, or poisoning.
- Physical hazards: Environmental conditions that can cause sunburn, dehydration, frostbite, or hearing loss.
- Ergonomic hazards: Working conditions that can cause back, shoulder, or neck pain, discomfort, strains, and other injuries.
- Work organization hazards: Workplace issues that can cause stress.

The hierarchy of controls outlines the best way to protect workers from hazards by:

- Eliminating them from the site.
- Substituting them for something else.
- Reducing workers' exposure with engineering safeguards (also called engineering controls).
- Instituting safety policies (also called administrative controls).
- Providing personal protective equipment (PPE) to protect against the effects of the hazard.

# Osha Safety Study Guide

**Shasha Hu**



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[faire son fromage frais maison avec 1 seul ingrédient c - Jun 06 2022](#)

web jul 12 2023 ingrédients 1 kg ou moins de yaourt nature ou yaourt grec normal mais pas de 0 une bonne pincée de gros sel facultatif matériel un saladier une passoire coton à fromage ou étamine préparation dans le pot de votre yaourt déposez une pincée de sel et mélangez

**fromage frais liste crémeux pour les desserts journal des - Sep 21 2023**

web mar 1 2023 au royaume des fromages le fromage frais est le seul qui n est pas affiné et qui peut être consommé directement après sa fabrication grâce à sa texture onctueuse il peut être facilement aromatisé à l aide d herbes fraîches d huile d olive d épices ou

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*yogurt versus fromage frais are they similar live gusto - Aug 08 2022*

web yogurt vs fromage frais difference in taste texture yogurt is sour in taste and quite creamy it has a thick consistency fromage frais in its original form is slightly tangy and creamy consistency wise it is similar to cream cheese smooth and spreadable how much of yogurt vs fromage frais can be consumed in a day

**recette fromage maison à la yaourtière yaourtmaison fr - Nov 11 2022**

web voici une recette simple qui vous fera certainement aimer le fromage maison ingrédients pour un bac de fromage blanc

vous aurez besoin de 1 litre de lait entier 100 g de fromage blanc choisissez le bien frais 1 cuillerée à soupe de jus de citron  
préparation commencez par mélanger le lait entier et le fromage blanc  
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